



UNIFIED EUROPEAN CUP/ ASIAN CUP “OLYMPIC SOCHI”-2019



4– 6 October 2019
SOCHI, RUSSIA





4-6 October 2019

► **VENUE:**

Russia, Sochi

Dekabristov Str, 78B

EDUCATIONAL CENTER "ILONA"





INFORMATION



Organizers:

- IOMAF (International oriental martial arts federation)
- ICO (International Combat Organization)
- WMMAU (World MMA Union)
- WUF (World Uchkur Federation)
- FOR (Federation Oriental of Russia)
- FMMAU (Federation MMA of Russia)

Rules:

IOMAF, ICO, WMMAU, WUF rules

Entry: e-mail: mma1russia@gmail.com

Entry Deadline: 10 September 2019

WEIGHT IN:

3 October - on arrival

4 October – 12.00-17.00

ENTRY CONDITIONS

sports pass, including valid medical examination!

The validity of medical examination cannot be older than 6 months for fighters under the age of 18 and cannot be older than 1 year for fighters above the age of 18!

ENTRY FEE

Entry fee (Registration till September, 10): 20 EUR/ Fighters registered after September, 10 will pay 30 EUR

PRIZES: 1st, 2nd, 3d place: medal, diploma

All information by e-mail: : mma1russia@gmail.com

CATEGORIES & DISCIPLINE



MMA-light * MMA-safe GI/no GI
MMA-tactic (BJJ) GI/no GI / nalomka
Uchkur (Cosack boxing) * uchkur-fencing

AGE CATEGORIES

- **Baby: 6-7, 8-9 years** (play forms): MMA-tactic GI/no GI (BJJ), uchkur-fencing
- **Children: 10-11 years** (play forms): MMA-light, MMA-tactic GI/no GI (BJJ), uchkur-fencing, nalomka
- **Cadets: 12-13 years**: MMA-light, MMA-safe GI/no GI, MMA-tactic GI/no GI (BJJ) uchkur/cosack boxing , uchkur-fencing , nalomka
- **Cadets: 14-15 years**: MMA-light, MMA-safe GI/no GI, MMA-tactic GI/no GI (BJJ), uchkur/cosack boxing , uchkur-fencing , nalomka
- **Juniors: 16-17 years**: MMA-safe GI/no GI, MMA-tactic GI/no GI (BJJ), uchkur/cosack boxing , uchkur-fencing , nalomka
- **Adults: 18-35 years**: MMA-tactic GI/no GI (BJJ), uchkur-fencing , nalomka
- **Masters II: 36-45 years**: MMA-tactic GI/no GI (BJJ), uchkur-fencing , nalomka
- **Masters I: 46-55 years**: MMA-tactic GI/no GI (BJJ), uchkur-fencing , nalomka

STYLES, AGE and WEIGHT CATEGORIES

■ MMA-LIGHT

Class	Age	Kg								
Cadets	14-15	-51	-54	-57	-60	-64	-68	-72	-80	+80
Cadets	12-13	-39	-42	-45	-48	-51	-54	-57	-62	+62
Boys	10-11	-30	-33	-36	-39	-42	-46	-50	-55	+55

■ UCHKUR BOX

Class	Age	Kg								
Junior, M	16-17	-57	-60	-64	-68	-72	-76	-80	-90	+90
Junior, F	16-17	-51	-57	-64	-76	+76				
Cadets, M	14-15	-51	-54	-57	-60	-64	-68	-72	-80	+80
Cadets, F	14-15	-48	-54	-60	-68	+68				
Cadets, M	12-13	-39	-42	-45	-48	-51	-54	-57	-62	+62
Cadets, F	12-13	-39	-45	-51	-60	+60				

STYLES, AGE and WEIGHT CATEGORIES

MMA-SAFE GI / MMA-SAFE no GI

Class	Age	Kg								
Junior, M	16-17	-57	-60	-64	-68	-72	-76	-80	-90	+90
Junior, F	16-17	-51	-57	-64	-76	+76				
Cadets, M	14-15	-51	-54	-57	-60	-64	-68	-72	-80	+80
Cadets, F	14-15	-48	-54	-60	-68	+68				
Cadets, M	12-13	-39	-42	-45	-48	-51	-54	-57	-62	+62
Cadets, F	12-13	-39	-45	-51	-60	+60				

TACTICAL FENCING

6-7 AGE

8-9 AGE

10-11 AGE

12-13 AGE

14-15 AGE

16-17 AGE

18-35 AGE

36-45 \ 46-55 AGE

STYLES,AGE and WEIGHT CATEGORIES

MMA-TACTIC GI / no GI (BJJ) & NALOMKA

Class	Age	Kg							
Masters I	46–55	–70	–80	–90	+90				
Masters II	36–45	–70	–80	–90	+90				
Men	18–35	–60	–65	–70	–75	–80	–85	–90	+90
Women	18–35	–55	–60	–65	–70	–75	+75		
Junior, M	16–17	–50	–55	–60	–65	–70	–75	–80	+80
Junior, F	16–17	–45	–50	–55	–60	–65	–70	+70	
Cadets, M	14–15	–40	–45	–50	–55	–60	–65	–70	+70
Cadets, F	14–15	–40	–45	–50	–55	–60	–65	+65	
Cadets, M	12–13	–35	–40	–45	–50	–55	–60	–65	+65
Cadets, F	12–13	–35	–40	–45	–50	–55	–60	+60	
Boys, Girls	10–11	–30	–35	–40	–45	–50	–55	+55	
Boys, Girls	8–9/ 6–7	–weight categories will be after weighing							

Accommodation

Prices for person for night included:
Accommodation, Breakfast, lunch, dinner - buffet

triple-room
35 EUR person/night

double-room
45 EUR person/night



ACCOMMODATION



Parking



Food: restaurant, bar



Services of business center:
Conference room, banquet hall



Reception:
reception 24 hours



Sport:
Tennis court, Billiards, Ping-Pong, Bowling, Aquapark



Pool and improving services. Sauna, the Fitness center,
Spa centre, Massage, the Covered swimming pool, the
Private beach zone, the pool, the Beach (the first line)/



Zones of public use

Garden, the Game room, the General lounge /
drawing room with the TV



Transport: Transfer



Cleaning services

Laundry, Dry-cleaner, Daily cleaning of the room



Shops^ Hairdressing salon/beauty shop, Gift
shop, Shops on territories, the Mini-market



Miscellaneous: Family rooms, the Elevator,
Smoking on all territory it is forbidden,
the Conditioner



Services: Internet, Wi-Fi, Free Wi-Fi
Entertainments and family services



The children's playground, Animation personnel,
Night club / DJ, Children's club, the Playground
on the street



WELCOME!