

# IOMAF WORLD CHAMPIONSHIP

*MMA-elite \* MMA-light \* MMA-safe GI / no GI*

*Tactical – fencing \* tactic-mma GI / noGI (grappling)*

*Shoot-fight (K-1) \* point –fight \* light-fight*

## Rhodes island, Greece

9-13 MAY 2018



# Date: 9-13 May 2018

# Place: Greece / Rhodes Island

- The island of God Sun and God Apollo, the island of Colossus and the knights, and island with centuries of history, a crossway between nations and civilizations, the homeland of many Olympic champions and philosophers, the emerald isle of unparalleled natural beauty, superb light and unique hospitality, a luxurious place for vacations offering you whatever you wish....
- The island of Rhodes is situated in the South Aegean Sea. It is the largest island in the Dodecanese and the fourth in Greece after Crete, Evia and Lesbos (Lesbos). It has a long history, a rich natural environment, beautiful beaches and modern tourist facilities, elements that have for decades made it a one of the most popular tourist destinations both nationally and worldwide.



- The island of Rhodes is oblong and has the shape of a spear edge. Located about 460 kilometers southeast of Athens, 380 km west of Cyprus and 18 km southwest of Turkey. Its length is 77 km, width 37 km and total area of 1,401 square kilometers (1,408,749 acres). It has 253 kilometers of coastline. The island can be described as mountainous with the highest mountains the Atavyros (1210 meters), the Artamyti (825 meters) and the Prophet Ilias (800 meters).
- The island can be reached both by air or sea.
- Rhodes has an International Airport, “Diagoras”, located in Paradisi, 14 km from Rhodes town .
- The port of Rhodes fulfills all the specifications to function as a cruise “home port”, thus making the island of Rhodes an entry or exit point for cruises in the Mediterranean
- The inhabitants of Rhodes speak except from the Greek language mostly English, and many of them know other languages like German, French , Italian, Spanish, Russian and others.
- The official currency is the euro.
- The weather on the island is clear and sunny all year round.
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## Organizers:

- International Oriental Martial Arts Federation
- International Extreme Games Federation



## • CONDITIONS FOR PARTICIPATION

*We are kindly asking for your cooperation in order to make this a successful event. Please make sure that you read the terms carefully.*

1. Each fighter is obligated to prove his nationality and Age, by providing the **Travel Passport** or any other official document.
2. Every fighter must have a **medical attest.** ..
3. **Start fee:** Fighters of any styles and organizations, with **starting fees** (Registration till 9 April): **40 €** for each style. *Sportsmen registered after 9 April will pay 50 €.* **Application statement send on e-mail: [FOR-MMA@yandex.ru](mailto:FOR-MMA@yandex.ru)**
4. Medal & Diploma will be awarded to 1st, 2nd and joint 3rd places in each weight and style.
5. Flag & Anthem: Please bring audio CD / flash drive of your National Anthem and National Flags.
6. Please inform about your flight schedule, arrival date, time and flight number and Required hotel reservation by 25 March 2018.
7. Accommodation of participants only in the accredited hotels!!
8. For more Information or Visa Documents please contact IOMAF. Documents for the visa must be delivered to us **45 days prior to the 1st of May 2018**
9. **All information by e-mail: [FOR-MMA@yandex.ru](mailto:FOR-MMA@yandex.ru)**

## JUDGES AND REFEREES

- Those who are Interested in participating as judges and referees should be informed, that they are going to attend a seminar.
- All Delegations are obligated to bring at least one (1) Judge or referee.

# STAYLES, AGE AND WEIGHT CATEGORIES

## Style: MMA-elite

Age groups, weight categories, time of fights, equipment.

### Age

- Adult men 18-35 years
- Adult women 18-35 years

### Weight

- Men: - 57kg, -61kg, -66kg, -71kg, -77kg, -84kg, -93kg, +93kg
- Women: - 50kg, - 54kg, - 60kg, - 68kg, -76kg, +76 kg.

- **Duration of fights.**

- *Preliminary, semifinal fights – 1 round 4 minutes.*
- *Final fights - 2 rounds 4 minutes of clean time*
- *At neutral result it is added 1 extra round 2 minutes.*

### Equipment of fighters:

1. A bottom – sports shorts.
2. Protective helmet of red and blue colors, according to the solution of the chief referee.
3. MMA gloves for amateurs
4. A protector on the groin which is putting on under trousers.
5. Mouthpiece
- 6 Guards with protection of shin and foot (like stockings).



# Style: MMA-safe GI / no GI

Age groups, weight categories, time of fights, equipment.

## Age groups:

- Men 18-35
- Women 18-35
- Juniors, M 16-17
- Juniors, F 16-17
- Cadets, M 14 - 15
- Cadets, F 14 - 15
- Boys 12 - 13
- Girls 12 - 13

## Weight categories

- Men 18-35 years: -57, -60, -64, -68, -72, -76, -80, -85, 90, +90 kg
- Women 18-35 years: -50, -54, -60, -68, -76, +76 kg
- Juniors, M 16-17 years: -54, -57, -60, -64, -68, -72, -76, -80, -85, -90, +90 kg
- Juniors, F 16-17 years: -51, -57, -64, -72, +72 kg
- Cadets, M 14 -15 years: -51, -54, -57, -60, -64, -68, -72, -76, -80, +80
- Cadets, F 14 - 15 years: -48, -54, -60, -68, +68
- Boys 12 - 13 years: -39, -42, -45, -48, -51, -54, -57, -60, -64, +64
- Girls 12 - 13 years: -39, -45, -51, -60, +60

## Duration of fights.

The fight consists of 1 round of clean time.

- a) Cadets (M,F) – 2 minutes;
- b) Juniors (M,F), men, women – 3 minutes.

In case of neutral result one additional round can be announced:

- a) Cadets (M,F) – 1 minute;
- b) Juniors (M,F), men, women – 2 minutes.

## Equipment of fighters:

1. Top: rashguard (no GI) or kimono (GI)
2. A bottom – sports shorts.
3. Protective helmet type «safe» with plexiglas of red and blue colors
4. MMA gloves for amateurs
5. A protector on the groin which is putting on under trousers.
6. Mouthpiece
7. Guards with protection of shin and foot (like stockings).



# Style: Shoot-Fight (K-1, Uekkur)

Age groups, weight categories, time of fights, equipment.

## Age groups:

Men 18-35  
Women 18-35  
Juniors, M 16-17  
Juniors, F 16-17  
Cadets, M 14 - 15  
Cadets, F 14 - 15  
Boys 12 - 13  
Girls 12 - 13



## Weight categories

Men 18-35 years: -57, -60, -64, -68, -72, -76, -80, -85, 90, +90 kg  
Women 18-35 years: -50, -54, -60, -68, -76, +76 kg  
Juniors, M 16-17 years: -54, -57, -60, -64, -68, -72, -76, -80, -85, -90, +90 kg  
Juniors, F 16-17 years: -51, -57, -64, -72, +72 kg  
Cadets, M 14 - 15 years: -51, -54, -57, -60, -64, -68, -72, -76, -80, +80  
Cadets, F 14 - 15 years: -48, -54, -60, -68, +68  
Boys 12 - 13 years: -39, -42, -45, -48, -51, -54, -57, -60, -64, +64  
Girls 12 - 13 years: -39, -45, -51, -60, +60

## Duration of fights.

The fight consists of 1 round of clean time.

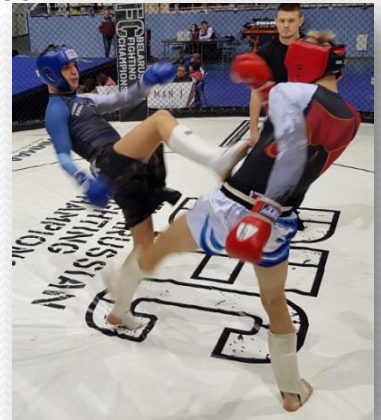
- a) Cadets (M,F) – 2 minutes;
- b) Juniors (M,F), men, women – 3 minutes.

In case of neutral result one additional round can be announced:

- a) Cadets (M,F) – 1 minute;
- b) Juniors (M,F), men, women – 2 minutes.

## Equipment of fighters:

1. Top: rashguard.
2. A bottom – sports shorts.
3. Protective helmet of red and blue colors
4. Boxing gloves of 10 ounces.
5. A protector on the groin which is putting on under trousers.
6. Mouthpiece
7. Guards with protection of shin and foot (like stockings).



# Style: MMA-light

Age groups, weight categories, time of fights, equipment.

## Age groups:

Men	18-35 years
Women	18-35 years
Juniors, M	16-17 years
Juniors, F	16-17 years
Older Cadets, M	14-15 years
Older Cadets, F	14-15 years
Younger Cadets, M	12-13 years
Younger Cadets, F	12-13 years
Boys	10-11 years (limited contact)
Girls	10-11 years (limited contact)

## Weight categories

Men 18-35 years: - 57 - 60 - 64 - 68 - 72 - 76 - 80 - 85 90 +90 kg

Women 18-35 years: - 50 - 54 - 60 - 68 - 76 +76 kg

Juniors, M 16-17 years: - 54 - 57 - 60 - 64 - 68 - 72 - 76 - 80 - 85 +90 +90 kg

Juniors, F 16-17 years: - 51 - 57 - 64 - 72 +72 kg

Older Cadets, M 14-15 years: - 51 - 54 - 57 - 60 - 64 - 68 - 72 - 76 - 80 +80 kg

Older Cadets, M 14-15 years: - 48 - 54 - 60 - 68 +68 kg

Younger Cadets, M 12-13 years: - 39 - 42 - 45 - 48 - 51 - 54 - 57 - 60 - 64 +64 kg

Younger Cadets, F 12-13 years: - 39 - 45 - 51 - 60 +60 kg

Boys 10 – 11 years: - 30 - 33 - 36 - 39 - 42 - 46 - 50 - 55 +55 kg

Girls 10 - 11 years: - 30 - 33 - 36 - 39 - 42 - 46 +46 kg

## Duration of fights.

Adults and juniors 1 round 3 minutes. Extra round of 2 min.

Cadets, Boys, Girls 1 round 2 minutes. Extra round of 1 min.

## Equipment of fighters:

1. Top: rashguard.
2. A bottom – sports shorts.
3. Protective helmet of red and blue colors.
4. MMA gloves for amateurs
5. A protector on the groin which is putting on under trousers.
6. Mouthpiece.
7. Guards with protection of shin and foot (like stockings).



# Style: Tactic-MMA GI/ no GI

Age groups, weight categories, time of fights, equipment.

## Age groups:

Men	18-35 years
Women	18-35 years
Juniors, M	16-17 years
Juniors, F	16-17 years
Older cadets, M	14-15 years
Older cadets, F	14-15 years
Younger Cadets, M	12-13 years
Younger Cadets, F	12-13 years
Boys	10-11 years
Girls	10-11 years
"boys"	8-9 years and 6-7 years (play fights)

## Weight categories

Men 18-35 years: - 60 - 65 - 70 - 75 - 80 - 85 - 90 +90 kg

Women 18-35 years: - 55 - 60 - 65 - 70 - 75 +75 kg

Juniors, M 16-17 years: - 50 - 55 - 60 - 65 - 70 - 75 - 80 +85 kg

Juniors, F 16-17 years: - 45 - 50 - 55 - 60 - 65 - 70 +70 kg

Older Cadets, M 14-15 years: - 40 - 45 - 50 - 55 - 60 - 65 - 70 +70 kg

Older Cadets, F 14-15 years: - 40 - 45 - 50 - 55 - 60 - 65 +65 kg

Younger Cadets, M 12-13 years: - 35 - 40 - 45 - 50 - 55 - 60 - 65 +65 kg

Younger Cadets, F 12-13 years: - 35 - 40 - 45 - 50 - 55 - 60 - 60 kg

Boys 10-11 years: - 30 - 35 - 40 - 45 - 50 - 55 +55 kg

Girls 10-11 years: - 30 - 35 - 40 - 45 - 50 - 55 +55 kg

"boys" of 8-9 years and 6-7 years of competition are carried out in play fights. Weight categories are defined after weighing

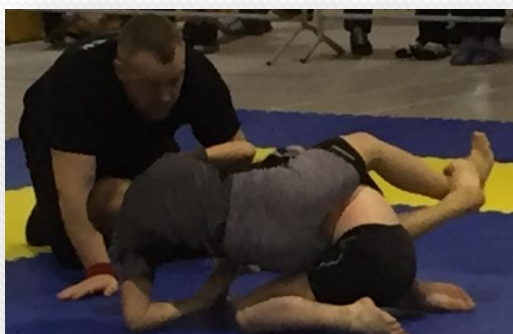
## Duration of fights.

Adults, juniors, older cadets: 1 round 5 minutes.

Younger cadets, Boys, Girls 1 round 3 minutes.

## Equipment of fighters:

1. Top: rashguard (no GI) or kimono (GI)
2. A bottom – sports shorts.
3. Mouthpiece, at the request of the fighter.





## Style: Tactical-fencing

- Baby: 8-9 years (play forms)
- Children: 10-11 years
- Younger Cadets: 12-13 years
- Older Cadets: 14-15 years
- Juniors: 16-17 years
- Adults: 18-35 years
- Masters: 36-46 years



## Styles: light-fight

Masters	40+ years:	-75, -85, +85, max 95 kg
Veterans, M	36-39 years:	-75, -85, +85, max 95 kg
Veterans, F	36-40 years:	-60, -70, +70, max 80kg
Men	18-35 years:	-60, -65, -70, -75, -80, -85, -90, -95, +95 max 105 kg
Women	18-35 years:	-55, -60, -65, -70, -75, -80, +80 max 90 kg
Cadets, M	13-17 years:	-40, -45, -50, -55, -60, -65, -70, -75, -80, -85, -90, +90, max 95kg
Cadets, F	13-17 years:	-40, -45, -50, -55, -60, -65, -70, -75, -80, +80, max 90kg
Kids, M	12&under	-25 -30 -35 -40 -45 -50 +50 max 60 kg
Kids, F	12&under	-25 -30 -35 -40 -45 -50 +50 max 60 kg



## Styles: point-fight

Masters, M	40 + years:	-75, -85, +85 kg	
Veterans, M	36-39 years :	-70, -80, +80 kg	
Men	18-35 years:	-60, -70, -80, -90, -100, +100 kg	
Women	18-35 years:	-55, -65, -75, -85, +85 kg	
Boys	13-17 years:	-40, -50, -60, -70, -80, -90, +90 kg	
Girls	13-17 years:	-40, -50, -60, -70, -80, +80 kg	
Cadets, M	7-12 years:	-25, -30, -35, -40, -45, -50, +50 kg	
Cadets, F	7-12 years:	-25, -30, -35, -40, -45, -50, +50 kg	
Boys, Girls	5-6 years:	-20, +20 kg	
TEAM FIGHT (3 person)	kids 5+6	kids 7-12	cadets 13-17

## PRELIMINARY PROGRAM



**IOMAF**.com

International Oriental Martial Arts Federation

**08 May Tuesday:**

Arrival team

**09 May Wednesday:**

Arrival team

**14:00 – 17:00** Registration, weight in control

**18:00** Extreme Games Ceremony

**10 May Thursday:**

**09:00-09:30** Referee & Judge Seminars

**09:30-14:00** Fights

**20:30** Open Ceremony

**11 May Friday:**

**09:00-14:00** Fights

**12 May Saturday:**

**10:00-13:00** Fights

**13:00-14:00** Award Ceremony

**13 May Sunday:**

Departure of teams

# Accommodation

## ALL INCLUSIVE

All above rates are in Euros/per day, per room , in all inclusive base (breakfast, lunch, dinner, drinks & snacks) also in the price above is included daily transfer from hotel to stadium and back by shuttle buses.



**Single Room**

**75€**



**Double Room**

**130€**

**Triple Room**

**189€**

**THE PROMOTER HAS AGREED AND SIGNED A CONTRACT WITH AN ACCOMMODATION COMPANY. THE COMPANY HAS ALREADY PAID THE ACCOMMODATION FOR ALL DELEGATIONS SO FOR YOUR ACCOMMODATION, DEAL ONLY WITH THIS COMPANY.**

**TEAMS THAT WILL NOT RESPECT THIS TERM AND BOOK IN BY THEIR OWN, WILL BE EXCLUDED FROM THE CHAMPIONSHIP!**

